



Iowa Department of Human Services

Terry E. Branstad
Governor

Kim Reynolds
Lt. Governor

Charles M. Palmer
Director

IOWA RESIDENTIAL TREATMENT CENTER

Any items that are not allowed, such as non-treatment related reading materials, personal music, food, weapons, cameras, video equipment, computers, cell phones, electronic games, and pagers need to be sent home or locked up by staff. Listed below are other items that people can or cannot have while in the program.

Can Have	Cannot Have
Tennis shoes	Muscle shirts
Jeans without holes	Aerosol cans
At least mid-thigh shorts	Midriff shirts
Around 5 outfits	Hair clippers
Hygiene and grooming items	Jeans with holes
Razors (kept in staff office)	Flip flops
Money with 35.00 a week	Nail clippers
Reading glasses	Tweezers
Sandals with strap around heel	Dental floss
Writing equipment	Hair picks
Prescribed meds from a doctor (properly labeled and in original bottle)	Toiletry items (no alcohol in first 3 ingredients)
Non-psychotropic meds	Perfume / cologne
Hat and sunglasses (may be worn outside)	T-shirts (with skull/alcohol/drug advertisement)
	Stuffed animals
	Personal pillows
	Personal blankets
	Food or drink items
	Tobacco
	Art / craft supplies
	Inappropriate pictures

- Items are subject to change.